

Sunday 28th January 2024

No. 1056 / 587

S MARY THE VIRGIN, SUNDON

&

S SAVIOUR, LUTON



Both Churches are under the Episcopal Care of the Bishop of Richborough:

And are served by a Priest of the Society of the Holy Cross. ✝

4th SUNDAY PER ANNUM

9:15 Solemn Mass

Ordinary Form/Extraordinary Responses (Missa Simplior /Credo vi) S Mary's ProPopulo

11:15 Solemn Mass

Ordinary Form K:xi; (Gloria Gl:x; S&B:xviii; A:xviii / Credo iii) S Saviour's Pro Populo

Mon Feria 10:30am Low Mass S Mary's Local Schools

Wed S John Bosco 10:30am Low Mass S Saviour's The Inform

Fri (2:30pm PCC Meeting Vicarage)

Sat S Blaise 10:30am Low Mass S Saviour's Those with throat ailments

Confessions may be heard after any Low Mass, or by Appointment.

Masses for both churches are live-streamed on the facebook page: facebook st mary the virgin sundon.

Welcome to S Mary's and S Saviour's: Welcome to S Mary's and S Saviour's. There will as always be tea and coffee after both Solemn Masses and we hope you will be able to stay.

S Mary's PCC: 0+-will meet at the Vicarage at 2:30pm on Friday of this week.

Visit from the Bishop of Bedford: The Bishop of Bedford will be visiting both churches to preach on **Sunday 11th February.** I very much hope that we will all make a great effort to be at church that day to give him a warm welcome.

Mardi Gras: The Mardi Gras – or 'Shrove Tuesday Kness Up!' will be on Tuesday 13th February in the Church Hall on Ashwell Avenue. There is a list at the back of S Mary's. If anyone from S Saviour's would like to come along you are most welcome too. There is a choice of fish and chips, chicken and chips or sausage and chips – please sign the list at the back of S Mary's or let Fr Yenda know if you are at S Saviour's.

Ash Wednesday – Wednesday 14th February: is the first day of Lent and a day when we should make every effort to attend church. As people now prefer to come to church during daylight hours I am proposing that we have one Mass at 10:30am and one Mass at 12 noon...there will be one Mass in each church and of course with Ashing. Once we ascertain which time best suits which church we can confirm venue to each time slot. If there are people who also want an evening Mass that can also be arranged.

Next Sunday: is the 5th Sunday in Ordinary Time. As it is within the Octave of S Blaise there will be an opportunity for throat blessings at the end of Mass next Sunday.

Parish Priest: Fr Yenda Smejkal, SSC. St Mary's Vicarage, 1 Selina Close, Sundon Park, Luton, LU33AW. Tel: 01582 583076; yenda.smejkal@virgin.net Assistant Priest: Fr Digby Anderson, Ph.D. ;www.stmarys-sundon.info facebook: [st mary the virgin, sundon](https://www.facebook.com/stmarythevirgin.sundon) Please take this newsheet away with you!

ENTRANCE ANTIPHON

*Save us, O Lord our God!
And gather us from the nations,
to give thanks to your holy name,
and make it our glory to praise you.*

COLLECT

Grant us, Lord our God,
that we may honour you with all our mind,
and love everyone in truth of heart.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever.
Amen.

FIRST READING Deuteronomy 18:15-20

A reading from the book of Deuteronomy.

Moses said to the people: "Your God will raise up for you a prophet like myself, from among yourselves, from your own brothers; to him you must listen. This is what you yourselves asked of the Lord your God at Horeb on the day of the Assembly. 'Do not let me hear again' you said 'the voice of the Lord my God, nor look any longer on this great fire, or I shall die'; and the Lord said to me, 'All they have spoken is well said. I will raise up a prophet like yourself for them from their own brothers; I will put my words into his mouth and he shall tell them all I command him. The man who does not listen to my words that he speaks in my name, shall be held answerable to me for it. But the prophet who presumes to say in my name a thing I have not commanded him to say, or who speaks in the name of other gods, that prophet shall die.'"

The word of the Lord.

Thanks be to God.

PSALM Psalm 94

RESPONSE: *O that today you would listen to his voice!
Harden not your hearts.*

1. Come, ring out our joy to the Lord;
hail the rock who saves us.
Let us come before him, giving thanks,
with songs let us hail the Lord. **R.**
2. Come in; let us kneel and bend low;
let us kneel before the God who made us
for he is our God and we
the people who belong to his pasture,
the flock that is led by his hand. **R.**
3. O that today you would listen to his voice!
"Harden not your hearts as at Meribah,
as on that day at Massah in the desert
when your fathers put me to the test;
when they tried me, though they saw my work." **R.**

SECOND READING 1 Corinthians 7:32-35

A reading from the first letter of St Paul to the Corinthians.

I would like to see you free from all worry. An unmarried man can devote himself to the Lord's affairs, all he need worry about is pleasing the Lord; but a married man has to bother about the world's affairs and devote himself to pleasing his wife: he is torn two ways. In the same way an unmarried woman, like a young girl, can devote herself to the Lord's affairs; all she need worry about is being holy in body and spirit. The married woman, on the other hand, has to worry about the world's affairs and devote herself to pleasing her husband. I say this only to help you, not to put a halter round your necks, but simply to make sure that everything is as it should be, and that you give your undivided attention to the Lord.

The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

*Alleluia, alleluia!
Blessed are you, Father,
Lord of heaven and earth,
for revealing the mysteries of the kingdom
to mere children.
Alleluia!*

Or

*Alleluia, alleluia!
The people that lived in darkness
has seen a great light;
on those who dwell in the land and shadow of death
a light has dawned.
Alleluia!*

GOSPEL Mark 1:21-28

A reading from the holy Gospel according to Mark.

Jesus and his followers went as far as Capernaum, and as soon as the sabbath came Jesus went to the synagogue and began to teach. And his teaching made a deep impression on them because, unlike the scribes, he taught them with authority.

In their synagogue just then there was a man possessed by an unclean spirit, and it shouted, "What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are: the Holy One of God." But Jesus said sharply, "Be quiet! Come out of him!" And the unclean spirit threw the man into convulsions and with a loud cry went out of him. The people were so astonished that they started asking each other what it all meant. "Here is a teaching that is new" they said "and with authority behind it: he gives orders even to unclean spirits and they obey him." And his reputation rapidly spread everywhere, through all the surrounding Galilean countryside.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

O Lord, we bring to your altar
these offerings of our service:
be pleased to receive them, we pray,
and transform them
into the Sacrament of our redemption.
Through Christ our Lord.

Amen.

COMMUNION ANTIPHON

*Let your face shine on your servant.
Save me in your merciful love.
O Lord, let me never be put to shame, for I call on you.*

Or

*Blessed are the poor in spirit,
for theirs is the Kingdom of Heaven.
Blessed are the meek, for they shall possess the land.*

PRAYER AFTER COMMUNION

Nourished by these redeeming gifts,
we pray, O Lord,
that through this help to eternal salvation
true faith may ever increase.
Through Christ our Lord.

Amen.