



Both Churches are under the Episcopal Care of the Bishop of Richborough;

And are served by a Priest of the Society of the Holy Cross.

FIRST SUNDAY OF LENT

9:15 Solemn Mass; Ordinary Form/Extraordinary Responses (Missa Simplicior (no Glo)/Credo vi) S Mary's Pro Populo

11:15 Solemn Mass; Ordinary Form (K:xi;(no Gl:x); S&B:Pro Defunctis; A:xiv / Credo iii) S Saviour's Pro Populo

Weekday Masses etc:

Wed	Feria	10:30	Low Mass	S Saviour's	Local Schools
Fri		(11:30	Funeral	S Mary's)	
Sat	Feria	10:30am	Low Mass	S Saviour's	Lenten Observances

Confessions may be heard after any Low Mass, or by Appointment.

Masses for both churches are live-streamed on the facebook page: [facebook st mary the virgin sundon](https://www.facebook.com/stmarythesundon).

Welcome to S Mary's and S Saviour's: Today is the First Sunday of Lent. During Lent the Gloria is not sung, and the Alleluia before the Holy Gospel is replaced by the Lenten acclamation.

S. Mary's PCC: will need to reschedule a meeting as the meeting last week had to be cancelled.

The Mardi Gras: Many thanks to all those who helped with the Mardi Gras last week – it was a brilliant evening and £74 was raised with the raffle. Many thanks and very well done!

Ash Wednesday: It was good to have good attendances at both church on Ash Wednesday – a very good start to the Holy Season of Lent.

S Mary's Lent Lunches: If anyone would like to host a Lent Lunch this year please let us know: it is simply soup, bread and possibly a little cheese...it is not a Savoy Grill brunch, in case anyone is worried! I hope we will have one on March 13th, 14th or 16th.

Bags for Schools: will be collected in mid-April. Please deliver your suitable items (no bric-a-brac, uniforms, bedding etc) to the vicarage over the next few months. Many thanks!

S Mary's Roof: Scaffolding is now inside S Mary's so there will for the time being be no Low Masses in the week at S Mary's. Thanks to all those who have helped with this over the past weeks and months. Please take extra care whilst the scaffolding is up: for the time being Holy Communion will be brought to the nave rather than distributed at the altar rail.

S Saviour's Gates: the gates at the back of church are now in place and we now await the front gates which are expected in place in March.

Parish Priest: Fr Yenda Smejkal, SSC. St Mary's Vicarage, 1 Selina Close, Sundon Park, Luton, LU33AW. Tel: 01582 583076; yenda.smejkal@virgin.net **Assistant Priest: Fr Digby Anderson, Ph.D.** www.stmarys-sundon.info [facebook: st mary the virgin, sundon](https://www.facebook.com/st.mary.the.virgin.sundon) Please take this newsheet away with you!

ENTRANCE ANTIPHON

*When he calls on me, I will answer him;
I will deliver him and give him glory,
I will grant him length of days.*

COLLECT

Grant, almighty God,
through the yearly observances of holy Lent,
that we may grow in understanding
of the riches hidden in Christ
and by worthy conduct pursue their effects... **Amen.**

FIRST READING Genesis 2:7-9; 3:1-7

A reading from the book of Genesis.

The Lord God fashioned man of dust from the soil. Then he breathed into his nostrils a breath of life, and thus man became a living being.

The Lord God planted a garden in Eden which is in the east, and there he put the man he had fashioned. The Lord God caused to spring up from the soil every kind of tree, enticing to look at and good to eat, with the tree of life and the tree of the knowledge of good and evil in the middle of the garden.

The serpent was the most subtle of all the wild beasts that the Lord God had made. It asked the woman, "Did God really say you were not to eat from any of the trees in the garden?" The woman answered the serpent, "We may eat the fruit of the trees in the garden. But of the fruit of the tree in the middle of the garden God said, 'You must not eat it, nor touch it, under pain of death'." Then the serpent said to the woman, "No! You will not die! God knows in fact that on the day you eat it your eyes will be opened and you will be like gods, knowing good and evil." The woman saw that the tree was good to eat and pleasing to the eye, and that it was desirable for the knowledge that it could give. So she took some of its fruit and ate it. She gave some also to her husband who was with her, and he ate it. Then the eyes of both of them were opened and they realised that they were naked. So they sewed fig-leaves together to make themselves loin-cloths.

The word of the Lord.

Thanks be to God.

PSALM Psalm 50

**RESPONSE: Have mercy on us, O Lord,
for we have sinned.**

1. Have mercy on me, God, in your kindness.
In your compassion blot out my offence.
O wash me more and more from my guilt
and cleanse me from my sin. **R.**
2. My offences truly I know them;
my sin is always before me.
Against you, you alone, have I sinned;
what is evil in your sight I have done. **R.**
3. A pure heart create for me, O God,
put a steadfast spirit within me.
Do not cast me away from your presence,
nor deprive me of your holy spirit. **R.**
4. Give me again the joy of your help;
with a spirit of fervour sustain me.
O Lord, open my lips
and my mouth shall declare your praise. **R.**

SECOND READING Romans 5:12-19

A reading from the letter of St Paul to the Romans.
(for shorter form read between > <)

> Sin entered the world through one man, and through sin death, and thus death has spread through the whole human race because everyone has sinned. < Sin existed in the world long before the Law was given. There was no law and so no one could be accused of the sin of "law-breaking", yet death reigned over all from Adam to Moses, even though their sin, unlike that of Adam, was not a matter of breaking a law.

Adam prefigured the One to come, but the gift itself considerably outweighed the fall. If it is certain that through one man's fall so

many died, it is even more certain that divine grace, coming through the one man, Jesus Christ, came to so many as an abundant free gift. The results of the gift also outweigh the results of one man's sin: for after one single fall came judgement with a verdict of condemnation, now after many falls comes grace with its verdict of acquittal. > If it is certain that death reigned over everyone as the consequence of one man's fall, it is even more certain that one man, Jesus Christ, will cause everyone to reign in life who receives the free gift that he does not deserve, of being made righteous. Again, as one man's fall brought condemnation on everyone, so the good act of one man brings everyone life and makes them justified. As by one man's disobedience many were made sinners, so by one man's obedience many will be made righteous.

The word of the Lord.

Thanks be to God. <

GOSPEL ACCLAMATION

*Praise to you, O Christ, king of eternal glory!
Man does not live on bread alone,
but on every word that comes from the mouth of God.
Praise to you, O Christ, king of eternal glory!*

GOSPEL Matthew 4:1-11

A reading from the holy Gospel according to Matthew.

Jesus was led by the Spirit out into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, after which he was very hungry, and the tempter came and said to him, "If you are the Son of God, tell these stones to turn into loaves." But he replied, "Scripture says:

*Man does not live on bread alone
but on every word that comes from the mouth of God."*

The devil then took him to the holy city and made him stand on the parapet of the Temple. "If you are the Son of God," he said, "throw yourself down; for scripture says:

*He will put you in his angels' charge,
and they will support you on their hands
in case you hurt your foot against a stone."*

Jesus said to him, "Scripture also says:

You must not put the Lord your God to the test."

Next, taking him to a very high mountain, the devil showed him all the kingdoms of the world and their splendour. "I will give you all these", he said, "if you fall at my feet and worship me." Then Jesus replied, "Be off, Satan! For scripture says:

*You must worship the Lord your God,
and serve him alone."*

Then the devil left him, and angels appeared and looked after him.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

Give us the right dispositions, O Lord, we pray,
to make these offerings,
for with them we celebrate the beginning
of this venerable and sacred time... **Amen.**

COMMUNION ANTIPHON

*One does not live by bread alone,
but by every word that comes forth from the mouth of God.*

Or

*The Lord will conceal you with his pinions,
and under his wings you will trust.*

PRAYER AFTER COMMUNION

Renewed now with heavenly bread,
by which faith is nourished, hope increased,
and charity strengthened,
we pray, O Lord,
that we may learn to hunger for Christ,
the true and living Bread,
and strive to live by every word
which proceeds from your mouth... **Amen.**