

S MARY THE VIRGIN, SUNDON**&****S SAVIOUR, LUTON**

The Society

under the patronage of Saint Wilfrid and Saint Hilda

Both Churches are under the Episcopal Care of the Bishop of Richborough;

And are served by a Priest of the Society of the Holy Cross. ✠

V PER ANNUM (5TH SUNDAY IN ORDINARY TIME)

9:15 – Solemn Mass – Ordinary Form/Extraordinary Responses (Missa Semplicior / Credo vi) S Mary's Pro Populo

11:15 – Solemn Mass – Ordinary Form (K:xi; Gl:x; S&B:Pro Defunctis; A:xiv / Credo iii) S Saviour's Pro Populo

Weekday Masses etc:

Tue	S Pius ix	10:30	Low Mass	S Saviour's	Local Schools
Sat	Our Lady of Lourdes	10:30am	Low Mass	S Saviour's	The Shrine at Lourdes

Confessions may be heard after any Low Mass, or by Appointment.

Masses for both churches are live-streamed on the facebook page: facebook st mary the virgin sundon.

Welcome to S Mary's and S Saviour's: There will as usual be tea and coffee after Mass today, and we do hope you will be able to stay.

S. Mary's PCC: will meet at the Vicarage at 2:30pm on Friday 24th February.

The Mardi Gras: or the 'Shrove Tuesday Knees up!' will be at S Mary's Church Hall on Ashwell Avenue on Tuesday 21st February.

Ash Wednesday: will be on Wednesday 22nd February. There will be Mass with Imposition of Ashes at 10:30am at S Saviour's, and Solemn Mass with Imposition of Ashes at 12 noon at S Mary's.

Lent is approaching! In the old calendar, today would have been Sexagesima Sunday, and the vestments would have been purple. Although this custom is rarely used now, it did remind us that we are approaching the season of Lent, and to think about how we prepare ourselves for it. So perhaps we could think about what we might give up – or equally importantly – what we might take on. Lent isn't the most joyful time of year, but it needn't be misery either! There are plenty of Lenten observances which might actually do us good!

S Mary's Lent Lunches: If anyone would like to host a Lent Lunch this year please let us know: it is simply soup, bread and possibly a little cheese...it is not a Savoy Grill brunch, in case anyone is worried!

Bags for Schools: will be collected in mid-April. Please deliver your suitable items (no bric-a-brac, uniforms, bedding etc) to the vicarage over the next few months. Many thanks!

S Mary's Roof: Scaffolding is now inside S Mary's so there will for the time being be no Low Masses in the week at S Mary's. Thanks to all those who have helped with this over the past weeks and months. Please take extra care whilst the scaffolding is up: for the time being Holy Communion will be brought to the nave rather than distributed at the altar rail

S Saviour's Gates: the gates at the back of church are now in place and we now await the front gates which are expected in place in March. For information, Fr Yenda spoke at some length earlier in the week with the local police; and has been assured that the rough sleeper in the porch at S Saviour's has on a number of occasions been offered alternative accommodation, which has not been accepted. This is important because a short while back there was some comment on social media that S Saviour's should have opened its doors and permitted the man to sleep inside the church.

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ENTRANCE ANTIPHON

*O come, let us worship God
and bow low before the God who made us,
for he is the Lord our God.*

COLLECT

Keep your family safe, O Lord, with unfailing care, that, relying solely on the hope of heavenly grace, they may be defended always by your protection. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

FIRST READING Isaiah 58:7-10
A reading from the prophet Isaiah.

Thus says the Lord:

Share your bread with the hungry,
and shelter the homeless poor,
clothe the man you see to be naked
and turn not from your own kin.
Then will your light shine like the dawn
and your wound be quickly healed over.

Your integrity will go before you
and the glory of the Lord behind you.
Cry, and the Lord will answer;
call, and he will say, "I am here."

If you do away with the yoke,
the clenched fist, the wicked word,
if you give your bread to the hungry,
and relief to the oppressed,
your light will rise in the darkness,
and your shadows become like noon.

The word of the Lord.
Thanks be to God.

PSALM Psalm 111

RESPONSE: *The good man is a light in the darkness for the upright.*

Or **Alleluia!**

1. He is a light in the darkness for the upright:
he is generous, merciful and just.
The good man takes pity and lends,
he conducts his affairs with honour. **R.**
2. The just man will never waver:
he will be remembered for ever.
He has no fear of evil news;
with a firm heart he trusts in the Lord. **R.**
3. With a steadfast heart he will not fear;
open-handed, he gives to the poor;
his justice stands firm for ever.
His head will be raised in glory. **R.**

SECOND READING 1 Corinthians 2:1-5
A reading from the first letter of St Paul to the Corinthians.

When I came to you, brothers, it was not with any show of oratory or philosophy, but simply to tell you what God had guaranteed. During my stay with you, the only knowledge I claimed to have

was about Jesus, and only about him as the crucified Christ. Far from relying on any power of my own, I came among you in great "fear and trembling" and in my speeches and the sermons that I gave, there were none of the arguments that belong to philosophy; only a demonstration of the power of the Spirit. And I did this so that your faith should not depend on human philosophy but on the power of God.

The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

*Alleluia, alleluia!
I am the light of the world, says the Lord,
anyone who follows me
will have the light of life.
Alleluia!*

GOSPEL Matthew 5:13-16

A reading from the holy Gospel according to Matthew.

Jesus said to his disciples: "You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men.

"You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven."

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

O Lord our God,
who once established these created things
to sustain us in our frailty,
grant, we pray,
that they may become for us now
the Sacrament of eternal life.
Through Christ our Lord. **Amen.**

COMMUNION ANTIPHON

*Let them thank the Lord for his mercy,
his wonders for the children of men
for he satisfies the thirsty soul,
and the hungry he fills with good things.*

Or

*Blessed are those who mourn, for they shall be consoled.
Blessed are those who hunger and thirst for
righteousness,
for they shall have their fill.*

PRAYER AFTER COMMUNION

O God, who have willed that we be partakers
in the one Bread and the one Chalice,
grant us, we pray, so to live
that, made one in Christ,
we may joyfully bear fruit
for the salvation of the world.
Through Christ our Lord. **Amen.**