



The Society

under the patronage of Saint Wilfrid and Saint Hilda

Both Churches are under the Episcopal Care of the Bishop of Richborough:

And are served by a Priest of the Society of the Holy Cross.

23rd SUNDAY IN ORDINARY TIME

Theme of today's Mass: Christ who gave up everything for our sake. We celebrate the self-sacrificing love of Christ, the unfathomable wisdom of God, who was prepared to give up everything out of love for man. In the same spirit, S Paul was prepared to send back to Philemon the dear friend of his captivity, Onesimus, a part of his own self.

Sunday Masses:

9:15 – Solemn Mass – Ordinary Form/Extraordinary Responses (Missa Simplicior / Credo vi) S Mary's Pro Populo

11:15 – Solemn Mass – Ordinary Form (K:xi; Gl:x; S&B:Pro Defunctis; A:xi / Credo iii) S Saviour's Pro Populo

Weekday Masses:

Day	Observance	Time	Mass	Church	Mass Intention
Tue	Feria	10:00am	Low Mass	S Mary's	The recently bereaved
Wed	Feria	(9:30am	Low Mass	S Thomas, Houghton Regis)	
Thu	Nativity of the BVM	(10:00am	Burial of the Dead	S Mary's)	RIP: Laseta Harriott
Fri	S Peter Claver	(2:00pm	S Mary's PCC Meeting	Vicarage)	
Sat	Of Our Lady	10:30am	Low Mass	S Saviour's	The Sick.

Confessions may be heard after any Low Mass, or by Appointment.

Masses for both churches are live-streamed on the facebook page: facebook st mary the virgin sundon.

Welcome to S Mary's and S Saviour's on Sunday: There will as always be tea and coffee after both Solemn Masses, and we hope you will be able to stay.

The Holy Communion: by popular request The Blessed Sacrament will now be distributed on Sundays at the altar rail in both churches. Should anyone find difficulty now in making their way up to the altar rail, please let Fr Yenda know so that it may be brought to you.

Fr Richard Brown SSC. Do please remember to pray for Fr Richard and his speedy recovery from his recent stroke, as well as his people at Holy Cross. He is making progress and is his cheery self, but he knows he has to continue taking things easy for now.

The Ukraine: Please hold the people of The Ukraine in your prayers at this time of their invasion and for all politicians throughout the world involved in the current tragic situation.

S Mary's Coffee Mornings: Many thanks to those who organised the recent coffee morning and those who came along – it was a good turn out and we had a very pleasant morning – we look forward to the next one in September!

PCC Meetings: Thank you to the PCC of S Saviour's for the meeting yesterday, and for their work and commitment.

S Mary's PCC will meet this Friday 9th September at 2:00pm – at the Vicarage.

NB: Please note that S Mary's PCC will be at 2:00pm and not at 2:30pm.

Quiz Night: the Quiz Night will be at the church hall on Ashwell Avenue will be on Saturday 17th September. Details will follow. Many thanks to Linda for organising this and we look forward to a fun evening!

Parish Priest: Fr Yenda Smejkal, SSC, St Mary's Vicarage, 1 Selina Close, Sundon Park, Luton, LU33AW. Tel: 01582 583076; yenda.smejkal@virgin.net

Assistant Priest: Fr Digby Anderson, Ph.D.

www.stmarys-sundon.info facebook: [st mary the virgin, sundon](https://www.facebook.com/stmarythevirgin.sundon)

Please take this newsheet away with you!

ENTRANCE ANTIPHON

*You are just, O Lord, and your judgement is right;
treat your servant in accord with your merciful love.*

COLLECT

O God, by whom we are redeemed and receive adoption,
look graciously upon your beloved sons and daughters,
that those who believe in Christ
may receive true freedom
and an everlasting inheritance.

Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever.

Amen.

FIRST READING Wisdom 9:13-18

A reading from the book of Wisdom.

What man can know the intentions of God?

Who can divine the will of the Lord?

The reasonings of mortals are unsure
and our intentions unstable;

for a perishable body presses down the soul,
and this tent of clay weighs down the teeming mind.

It is hard enough for us to work out what is on earth,
laborious to know what lies within our reach;

who, then, can discover what is in the heavens?

As for your intention, who could have learnt it, had you not granted
Wisdom

and sent your holy spirit from above?

Thus have the paths of those on earth been straightened

and men been taught what pleases you,

and saved, by Wisdom.

The word of the Lord.

Thanks be to God.

PSALM Psalm 89

RESPONSE: *O Lord, you have been our refuge
from one generation to the next.*

1. You turn men back into dust
and say: "Go back, sons of men."
To your eyes a thousand years
are like yesterday, come and gone,
no more than a watch in the night. **R.**
2. You sweep men away like a dream,
like grass which springs up in the morning.
In the morning it springs up and flowers:
by evening it withers and fades. **R.**
3. Make us know the shortness of our life
that we may gain wisdom of heart.
Lord, relent! Is your anger for ever?
Show pity to your servants. **R.**
4. In the morning, fill us with your love;
we shall exult and rejoice all our days.
Let the favour of the Lord be upon us:
give success to the work of our hands. **R.**

SECOND READING Philemon 9-10. 12-17

A reading from the letter of St Paul to Philemon.

This is Paul writing, an old man now and, what is more, still a
prisoner of Christ Jesus. I am appealing to you for a child of
mine, whose father I became while wearing these chains: I mean
Onesimus. I am sending him back to you, and with him – I could
say – a part of my own self. I should have liked to keep him with
me; he could have been a substitute for you, to help me while I am
in the chains that the Good News has brought me. However, I did
not want to do anything without your consent; it would have been
forcing your act of kindness, which should be spontaneous. I know

you have been deprived of Onesimus for a time, but it was only so
that you could have him back for ever, not as a slave any more,
but something much better than a slave, a dear brother; especially
dear to me, but how much more to you, as a blood-brother as well
as a brother in the Lord. So if all that we have in common means
anything to you, welcome him as you would me.

The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia!

*I call you friends, says the Lord,
because I have made known to you
everything I have learnt from my Father.
Alleluia!*

Or

Alleluia, alleluia!

*Let your face shine on your servant,
and teach me your decrees.
Alleluia!*

GOSPEL Luke 14:25-33

A reading from the holy Gospel according to Luke.

Great crowds accompanied Jesus on his way and he turned and
spoke to them. "If any man comes to me without hating his father,
mother, wife, children, brothers, sisters, yes and his own life too,
he cannot be my disciple. Anyone who does not carry his cross
and come after me cannot be my disciple.

"And indeed, which of you here, intending to build a tower,
would not first sit down and work out the cost to see if he had
enough to complete it? Otherwise, if he laid the foundation and
then found himself unable to finish the work, the onlookers would
all start making fun of him and saying, 'Here is a man who started
to build and was unable to finish.' Or again, what king marching
to war against another king would not first sit down and consider
whether with ten thousand men he could stand up to the other who
advanced against him with twenty thousand? If not, then while the
other king was still a long way off, he would send envoys to sue for
peace. So in the same way, none of you can be my disciple unless
he gives up all his possessions."

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

O God, who give us the gift of true prayer and of peace,
graciously grant that, through this offering,
we may do fitting homage to your divine majesty
and, by partaking of the sacred mystery,
we may be faithfully united in mind and heart.
Through Christ our Lord.

Amen.

COMMUNION ANTIPHON

*Like the deer that yearns for running streams,
so my soul is yearning for you, my God;
my soul is thirsting for God, the living God.*

Or

*I am the light of the world, says the Lord;
whoever follows me will not walk in darkness,
but will have the light of life.*

PRAYER AFTER COMMUNION

Grant that your faithful, O Lord,
whom you nourish and endow with life
through the food of your Word and heavenly Sacrament,
may so benefit from your beloved Son's great gifts
that we may merit an eternal share in his life.
Who lives and reigns for ever and ever.

Amen.