



[www.stmarys-sundon.info](http://www.stmarys-sundon.info)

Both Churches are under the Episcopal Care of the Bishop of Richborough;

And are served by a Priest of the Society of the Holy Cross. ✝

### III PER ANNUM 2022

Every Sunday 9:15am	Solemn Mass (Ordinary Form/Extr Resp) Setting: <i>Missa Simplicior/Credo VI</i>	S Mary's	Pro Populo
Every Sunday 11:15am	Solemn Mass (Ordinary Form) Setting: <i>Ky: xvi; Gl: xv; Credo III</i>	S Saviour's	Pro Populo
1 <sup>st</sup> Sunday: 4:00pm	Solemn Mass (Extraordinary Form) Setting: <i>Missa Simplicior/Credo VI</i>	S Mary's	Pro Populo

#### Weekday Masses:

Day	Observance	Time	Mass	Church	Mass Intention
Mon	S Francis de Sales	10:00am	Low Mass	S Mary's	The Deaf
Fri	S Thomas Aquinas	11:30am	Low Mass	S Mary's	Those in Education
Sat	Of Our Lady	10:00am	Low Mass	S Mary's	Core workers.

*Confessions may be heard after any Low Mass, or by Appointment.*

**Welcome to S Mary's and S Saviour's: Restrictions:** Unfortunately restrictions have recently been increased: therefore face coverings are again mandatory - except for those directly involved in the Liturgy or if you are exempt ( for which you do not need to produce evidence!)

**Receiving of The Holy Communion:** Holy Communion at all masses is given in One Kind, at the Chancel Screen, socially distanced; please remove your mask to receive The Blessed Sacrament.

**Tea and coffee after Mass:** are available at both churches after Solemn Mass on Sundays. We hope you will be able to stay – please continue to socially distance. I am aware that there are some people who may still be a little reticent about gathering after Mass.

**Normal Service Resumes!** Many thanks to James at S Mary's and Laurence at S Saviour's for both holding the fort last Sunday whilst Fr Yenda was isolating with Covid. Many thanks also to those who have sent cards and made telephone calls which have been much appreciated. Thanks to the vaccines and booster, the symptoms of Covid were almost unnoticeable!

**Additional Mass on 1<sup>st</sup> Sunday of Each Month:** there will be a Solemn Mass in the Extraordinary Form at 4pm every 1<sup>st</sup> Sunday of the month at S Mary's. I know for a number of people the 9:15 slot has become something of a struggle! ;

**The next 4pm Mass (EF) will be in February:** February 6<sup>th</sup> marks the anniversary of the death of King George VI, and marks 70 years since Our current Queen became monarch: it would therefore be fitting if the Mass on February 6<sup>th</sup> be an anniversary Requiem mass for King George VI as we commence Our Queen's Platinum Year Celebrations!

**Parish Priest: Fr Yenda Smejkal, SSC, St Mary's Vicarage, 1 Selina Close, Sundon Park, Luton, LU3 3AW.**  
Tel: 01582 583076; [yenda.smejkal@virgin.net](mailto:yenda.smejkal@virgin.net) - Assistant Priest: Fr Digby Anderson, Ph.D.

*Please take this newsheet away with you!*

**ENTRANCE ANTIPHON**

*O sing a new song to the Lord;  
sing to the Lord, all the earth.  
In his presence are majesty and splendour,  
strength and honour in his holy place.*

**COLLECT**

Almighty ever-living God,  
direct our actions according to your good pleasure,  
that in the name of your beloved Son  
we may abound in good works... **Amen.**

**FIRST READING** Nehemiah 8:2-6. 8-10

A reading from the book of Nehemiah.

Ezra the priest brought the Law before the assembly, consisting of men, women, and children old enough to understand. This was the first day of the seventh month. On the square before the Water Gate, in the presence of the men and women, and children old enough to understand, he read from the book from early morning till noon; all the people listened attentively to the Book of the Law.

Ezra the scribe stood on a wooden dais erected for the purpose. In full view of all the people – since he stood higher than all the people – Ezra opened the book; and when he opened it all the people stood up. Then Ezra blessed the Lord, the great God, and all the people raised their hands and answered, "Amen! Amen!"; then they bowed down and, face to the ground, prostrated themselves before the Lord. And Ezra read from the Law of God, translating and giving the sense, so that the people understood what was read.

Then Nehemiah – His Excellency – and Ezra, priest and scribe (and the Levites who were instructing the people) said to all the people, "This day is sacred to the Lord your God. Do not be mournful, do not weep." For the people were all in tears as they listened to the words of the Law.

He then said, "Go, eat the fat, drink the sweet wine, and send a portion to the man who has nothing prepared ready. For this day is sacred to our Lord. Do not be sad: the joy of the Lord is your stronghold."

The word of the Lord.

**Thanks be to God.**

**PSALM** Psalm 18

**RESPONSE:** *Your words are spirit, Lord,  
and they are life.*

1. The law of the Lord is perfect,  
it revives the soul.  
The rule of the Lord is to be trusted,  
it gives wisdom to the simple. **R.**
2. The precepts of the Lord are right,  
they gladden the heart.  
The command of the Lord is clear,  
it gives light to the eyes. **R.**
3. The fear of the Lord is holy,  
abiding for ever.  
The decrees of the Lord are truth  
and all of them just. **R.**
4. May the spoken words of my mouth,  
the thoughts of my heart,  
win favour in your sight, O Lord,  
my rescuer, my rock! **R.**

**SECOND READING** 1 Corinthians 12:12-30

A reading from the first letter of St Paul to the Corinthians.

*(For shorter form read between > <)*

> Just as a human body, though it is made up of many parts, is a single unit because all these parts, though many, make one body, so it is with Christ. In the one Spirit we were all baptised, Jews as well as Greeks, slaves as well as citizens, and one Spirit was given to us all to drink.

Nor is the body to be identified with any one of its many parts. < If the foot were to say, "I am not a hand and so I do not belong to the body," would that mean that it stopped being part of the body? If the ear were to say, "I am not an eye, and so I do not belong to the body," would that mean that it was not a part of the body? If your whole body was just one eye, how would you hear anything? If it was just one ear, how would you smell anything?

Instead of that, God put all the separate parts into the body on purpose. If all the parts were the same, how could it be a body? As it is, the parts are many but the body is one. The eye cannot say to the hand, "I do not need you," nor can the head say to the feet, "I do not need you."

What is more, it is precisely the parts of the body that seem to be the weakest which are the indispensable ones; and it is the least honourable parts of the body that we clothe with the greatest care. So our more improper parts get decorated in a way that our more proper parts do not need. God has arranged the body so that more dignity is given to the parts which are without it, and so that there may not be disagreements inside the body, but that each part may be equally concerned for all the others. If one part is hurt, all parts are hurt with it. If one part is given special honour, all parts enjoy it.

> Now you together are Christ's body; but each of you is a different part of it. < In the Church, God has given the first place to apostles, the second to prophets, the third to teachers; after them, miracles, and after them the gift of healing; helpers, good leaders, those with many languages. Are all of them apostles, or all of them prophets, or all of them teachers? Do they all have the gift of miracles, or all have the gift of healing? Do all speak strange languages, and all interpret them?

> The word of the Lord. <

**Thanks be to God.**

**GOSPEL ACCLAMATION**

*Alleluia, alleluia!*

*The Lord has sent me to bring the good news to the poor,  
to proclaim liberty to captives.*

*Alleluia!*

**GOSPEL** Luke 1:1-4; 4:14-21

A reading from the holy Gospel according to Luke.

Seeing that many others have undertaken to draw up accounts of the events that have taken place among us, exactly as these were handed down to us by those who from the outset were eyewitnesses and ministers of the word, I in my turn, after carefully going over the whole story from the beginning, have decided to write an ordered account for you, Theophilus, so that your Excellency may learn how well founded the teaching is that you have received.

Jesus, with the power of the Spirit in him, returned to Galilee; and his reputation spread throughout the countryside. He taught in their synagogues and everyone praised him.

He came to Nazara, where he had been brought up, and went into the synagogue on the sabbath day as he usually did. He stood up to read, and they handed him the scroll of the prophet Isaiah. Unrolling the scroll he found the place where it is written:

The spirit of the Lord has been given to me, for he has anointed me. He has sent me to bring the good news to the poor, to proclaim liberty to captives and to the blind new sight, to set the downtrodden free, to proclaim the Lord's year of favour.

He then rolled up the scroll, gave it back to the assistant and sat down. And all eyes in the synagogue were fixed on him. Then he began to speak to them, "This text is being fulfilled today even as you listen."

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

**PRAYER OVER THE OFFERINGS**

Accept our offerings, O Lord, we pray,  
and in sanctifying them  
grant that they may profit us for salvation... **Amen.**

**COMMUNION ANTIPHON**

*Look toward the Lord and be radiant;  
let your faces not be abashed.*

Or

*I am the light of the world, says the Lord;  
whoever follows me will not walk in darkness,  
but will have the light of life.*

**PRAYER AFTER COMMUNION**

Grant, we pray, almighty God,  
that, receiving the grace  
by which you bring us to new life,  
we may always glory in your gift... **Amen.**