

ST MARY THE VIRGIN, SUNDON

&

S SAVIOUR, LUTON

www.stmarys-sundon.info

The Society

under the patronage of Saint Wilfrid and Saint Hilda

Both Churches are under the Episcopal Care of the Bishop of Richborough;And are served by a Priest of the Society of the Holy Cross.

XIX PER ANNUM

Sunday Masses:

9:15am	Solemn Mass	S Mary's	Pro Populo
11:15am	Solemn Mass	S Saviour's	Pro Populo

Weekday Masses:

Day:	Observance:	Time:	Mass:	Church:	Mass Intention:
Mon	S Theresa Benedicta	10:00am	Low Mass	S May's	Holocaust Survivors
Tue	S Laurence	10:00am	Low Mass	S Mary's	Local children on holiday
Wed	S Clare	10:00am	Low Mass	S Mary's	Those who work in technology
Thu	S Jane Frances de Chantal	10:00am	Low Mass	S Mary's	The bereaved
Fri	S Pontianus & Hippolytus	10:00am	Low Mass	S Mary's	School workers on holiday
Sat	THE ASSUMPTION OF THE BLESSED VIRGIN MARY				

12 NOON HIGH MASS S Mary's Pro Populo

Confessions may be heard after any Low Mass, or by Appointment.NOTICES FOR WEEK COMMENCING AUGUST 8TH 2021

Welcome to S Mary's and S Saviour's today: Restrictions are easing but we still need to be sensible so masks are still advised as is social distancing. At S Saviour's there will be coffee after Mass and we hope you will be able to stay – observing social distancing of course!

Singing: the congregation are now permitted to sing: the hymns are on the boards and found in the green hymnals, the Mass setting is found on the coloured sheet.

Receiving of The Holy Communion: Please come to the chancel screen for Holy Communion, socially distanced, and if you are wearing a mask please remove it before you receive the Host into your hand. Neither the priest nor the communicant say anything. I hope we will before too long be able to return to a more reverent custom.

On line masses: mass will continue to be live streamed on the St Mary the Virgin, Sundon, Facebook page – please join us!

Additional mass on 1st Sunday of Each Month: there will be a High Mass in the Extraordinary Form at 4pm every 1st Sunday of the month at S Mary's. I know for a number of people the 9:15 slot has become something of a struggle!

Sundon PCC: at some point we need to have a PCC meeting – I wonder if we might be able to do this on a Saturday morning? I am aware that some of our PCC now work rather long hours so a Saturday might be easier. Please let me know what you think!

Sick lists – BOTH churches: the sick lists haven't been updated since before the 1st lockdown! Sheets are at the back of both churches – please write the names of the sick you would like read out at Mass on Sunday. After a few weeks the current list will be superseded.

ST MARY'S PATRONAL FESTIVAL – THIS SATURDAY 14TH AT 12 NOON: This will be a choral Mass with a small choir as always. I hope we may welcome some visitors, and this year there will be some very light refreshments. I very much hope that people from both our churches will come along for S Mary's feast day!

Parish Priest: Fr Yenda Smejkal, SSC.

St Mary's Vicarage, 1 Selina Close, Sundon Park, Luton, LU3 3AW. Tel: 01582 583076;

yenda.smejkal@virgin.net

Assistant Priest: Fr Digby Anderson, Ph.D.

Please take this newssheet away with you!

ENTRANCE ANTIPHON

*Look to your covenant, O Lord,
and forget not the life of your poor ones for ever.
Arise, O God, and defend your cause,
and forget not the cries of those who seek you.*

COLLECT

Almighty ever-living God,
whom, taught by the Holy Spirit,
we dare to call our Father,
bring, we pray, to perfection in our hearts
the spirit of adoption as your sons and daughters,
that we may merit to enter into the inheritance
which you have promised.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever.

Amen.

FIRST READING 1 Kings 19:4-8

A reading from the first book of Kings.

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. "Lord," he said, "I have had enough. Take my life; I am no better than my ancestors." Then he lay down and went to sleep. But an angel touched him and said, "Get up and eat." He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, "Get up and eat, for the journey will be too long for you." So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

The word of the Lord.

Thanks be to God.

PSALM Psalm 33

RESPONSE: Taste and see that the Lord is good.

1. I will bless the Lord at all times,
his praise always on my lips;
in the Lord my soul shall make its boast.
The humble shall hear and be glad. **R.**
2. Glorify the Lord with me.
Together let us praise his name.
I sought the Lord and he answered me;
from all my terrors he set me free. **R.**
3. Look towards him and be radiant;
let your faces not be abashed.
This poor man called; the Lord heard him
and rescued him from all his distress. **R.**
4. The angel of the Lord is encamped
around those who revere him, to rescue them.
Taste and see that the Lord is good.
He is happy who seeks refuge in him. **R.**

SECOND READING Ephesians 4:30 – 5:2

A reading from the letter of St Paul to the Ephesians.

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ.

Try, then, to imitate God, as children of his that he loves, and follow Christ by loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

*Alleluia, alleluia!
If anyone loves me he will keep my word,
and my Father will love him,
and we shall come to him.
Alleluia!*

Or

*Alleluia, alleluia!
I am the living bread which has come down from heaven,
says the Lord.
Anyone who eats this bread will live for ever.
Alleluia!*

GOSPEL John 6:41-51

A reading from the holy Gospel according to John.

The Jews were complaining to each other about Jesus, because he had said, "I am the bread that came down from heaven." "Surely this is Jesus son of Joseph" they said. "We know his father and mother. How can he now say, 'I have come down from heaven?'" Jesus said in reply, "Stop complaining to each other.

"No one can come to me
unless he is drawn by the Father who sent me,
and I will raise him up at the last day.
It is written in the prophets:
They will all be taught by God,
and to hear the teaching of the Father,
and learn from it,
is to come to me.
Not that anybody has seen the Father,
except the one who comes from God:
he has seen the Father.
I tell you most solemnly,
everybody who believes has eternal life.
I am the bread of life.
Your fathers ate the manna in the desert
and they are dead;
but this is the bread that comes down from heaven,
so that a man may eat it and not die.
I am the living bread which has come down from heaven.
Anyone who eats this bread will live for ever;
and the bread that I shall give
is my flesh, for the life of the world."
The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

Be pleased, O Lord, to accept the offerings of your Church,
for in your mercy you have given them to be offered
and by your power you transform them
into the mystery of our salvation.
Through Christ our Lord.
Amen.

COMMUNION ANTIPHON

*O Jerusalem, glorify the Lord,
who gives you your fill of finest wheat.*

Or

*The bread that I will give, says the Lord,
is my flesh for the life of the world.*

PRAYER AFTER COMMUNION

May the communion in your Sacrament
that we have consumed, save us, O Lord,
and confirm us in the light of your truth.
Through Christ our Lord.
Amen.