

THE PARISHES OF S MARY THE VIRGIN, SUNDON & S SAVIOUR, LUTON. 904/435

SUNDAY February 7th 2021 – 5th Sunday in Ordinary Time

DAILY MASS – LIVE STAGED – ST MARY THE VIRGIN SUNDON FACEBOOK PAGE

Sun: V Per Annum

9:15am	SOLEMN MASS	S MARY'S	PRO POPULO
11:15am	SOLEMN MASS	S SAVIOUR'S	PRO POPULO
Mon: S Jerome Emiliani	10:00am: Low Mass	S Mary's	Those administering vaccine
Tue: Feria	10:00am: Low Mass	S Mary's	Those with Covid 19
Wed: S Scolastica	10:00am: Low Mass	St Mary's	Local Schools
Thu: Our Lady of Lourdes	10:00am: Low Mass	S Mary's	Shrines dedicated to Our Lady
Fri: Feria	10:00am: Low Mass	S Mary's	Recently Bereaved
Sat: Of Our Lady	10:00am Low Mass	S Mary's	Shrine of Our Lady of Walsingham
SUN VI Per Annum	9:15 SOLEMN MASS	S MARY'S	PRO POPULO
	11:15 SOLEMN MASS	S SAVIOUR'S	PRO POPULO

THIS WEEK AT S MARY'S & S SAVIOUR'S

Welcome to S Mary's and S Saviour's We continue to be in a national lockdown, and so we welcome both those who are here in person and those who are worshipping at home on line. Please continue to observe the necessary precautions – sanitise hands on entry and exit, observe social distancing, and all those who are not directly involved in the liturgy need to observe the wearing of face masks.

The congregation are still not permitted to sing, so Fr Yenda will continue to sing the Ordinary of the Mass, and Laurence will make the sung responses whilst the congregation make the responses quietly to themselves.

ASH WEDNESDAY – FEBRUARY 17th Ash Wednesday is soon upon us and is the beginning of Lent. Please can you bring back your Palm Crosses next Sunday so that they can be burned for the ash for Ash Wednesday. This year of course we will have a slightly more low key start to Lent as with everything else, but don't let it pass you by, none the less! Sadly we cannot have the annual mardi gras which has become our custom at Sundon over the past 16 years, so we will have to have an even bigger celebration for Shrove Tuesday in 2022! However do still prepare for Lent and think about what you may want to give up – or take on – for Lent 2021.

On line Masses all weekday masses are live streamed on the St Mary the Virgin Sundon Facebook page. Please join us! On Sundays both masses are also live-streamed.

Mass sheets are copies of the ACS Order of Mass. The Additional Curates Society fund curates for poorer parishes up and down the country. If you are a regular worshipper, please leave the mass sheet in your seat for next week...but do of course take this sheet with you!

Inclement weather Please take especially great care if we have snow – it can be particularly dangerous if there is ice after a snowfall.

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ENTRANCE ANTIPHON

*O come, let us worship God
and bow low before the God who made us,
for he is the Lord our God.*

COLLECT

Keep your family safe, O Lord, with unfailing care,
that, relying solely on the hope of heavenly grace,
they may be defended always by your protection.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

Amen.

FIRST READING Job 7:1-4. 6-7

A reading from the book of Job.

Job began to speak:

Is not man's life on earth nothing more than pressed service,
his time no better than hired drudgery?

Like the slave, sighing for the shade,
or the workman with no thought but his wages,
months of delusion I have assigned to me,
nothing for my own but nights of grief.

Lying in bed I wonder, "When will it be day?"

Risen I think, "How slowly evening comes!"

Restlessly I fret till twilight falls.

Swifter than a weaver's shuttle my days have passed,
and vanished, leaving no hope behind.

Remember that my life is but a breath,
and that my eyes will never again see joy.

The word of the Lord.

Thanks be to God.

PSALM Psalm 146

RESPONSE: *Praise the Lord who heals the broken-hearted.*

Or *Alleluia!*

1. Praise the Lord for he is good;
sing to our God for he is loving:
to him our praise is due. **R.**
2. The Lord builds up Jerusalem
and brings back Israel's exiles,
he heals the broken-hearted,
he binds up all their wounds.
He fixes the number of the stars;
he calls each one by its name. **R.**
3. Our Lord is great and almighty;
his wisdom can never be measured.
The Lord raises the lowly;
he humbles the wicked to the dust. **R.**

SECOND READING 1 Corinthians 9:16-19. 22-23

A reading from the first letter of St Paul to the Corinthians.

I do not boast of preaching the gospel, since it is a duty which
has been laid on me; I should be punished if I did not preach it! If I
had chosen this work myself, I might have been paid for it, but as
I have not, it is a responsibility which has been put into my hands.
Do you know what my reward is? It is this: in my preaching, to
be able to offer the Good News free, and not insist on the rights
which the gospel gives me.

So though I am not a slave of any man I have made myself the
slave of everyone so as to win as many as I could. For the
weak I made myself weak. I made myself all things to all men in
order to save some at any cost; and I still do this, for the sake of
the gospel, to have a share in its blessings.

The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

*Alleluia, alleluia!
I am the light of the world, says the Lord,
anyone who follows me
will have the light of life.
Alleluia!*

Or

*Alleluia, alleluia!
He took our sicknesses away,
and carried our diseases for us.
Alleluia!*

GOSPEL Mark 1:29-39

A reading from the holy Gospel according to Mark.

On leaving the synagogue, Jesus went with James and John
straight to the house of Simon and Andrew. Now Simon's mother-
in-law had gone to bed with fever, and they told him about her
straightaway. He went to her, took her by the hand and helped her
up. And the fever left her and she began to wait on them.

That evening, after sunset, they brought to him all who were
sick and those who were possessed by devils. The whole town
came crowding round the door, and he cured many who were
suffering from diseases of one kind or another; he also cast out
many devils, but he would not allow them to speak, because they
knew who he was.

In the morning, long before dawn, he got up and left the house,
and went off to a lonely place and prayed there. Simon and his
companions set out in search of him, and when they found him
they said, "Everybody is looking for you." He answered, "Let us
go elsewhere, to the neighbouring country towns, so that I can
preach there too, because that is why I came." And he went all
through Galilee, preaching in their synagogues and casting out
devils.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

O Lord our God,
who once established these created things
to sustain us in our frailty,
grant, we pray,
that they may become for us now
the Sacrament of eternal life.
Through Christ our Lord.

Amen.

COMMUNION ANTIPHON

*Let them thank the Lord for his mercy,
his wonders for the children of men,
for he satisfies the thirsty soul,
and the hungry he fills with good things.*

Or

*Blessed are those who mourn, for they shall be consoled.
Blessed are those who hunger and thirst for righteousness,
for they shall have their fill.*

PRAYER AFTER COMMUNION

O God, who have willed that we be partakers
in the one Bread and the one Chalice,
grant us, we pray, so to live
that, made one in Christ,
we may joyfully bear fruit
for the salvation of the world.
Through Christ our Lord.

Amen.

